NOT VSL CHARTERED



Lebanon

NEW HAMPSHIRE

SOBER LIVING FOR MEN · LEBANON, NEW HAMPSHIRE

Mind, Body, Soul Recovery House

LOCATION
Lebanon, NH

GENDER SERVED
Men

About Mind, Body, Soul Recovery House

Mind, Body, Soul Recovery House is a men's recovery residence in Lebanon, New Hampshire, serving men who want a substance-free place to live while building stability in recovery. Its setting includes a residential recovery setting near downtown Lebanon and the Upper Valley. A sober house in Lebanon offers a residential foundation rather than inpatient treatment: residents can continue with outside counseling, fellowship meetings, jobs and family responsibilities. The location places the household in Grafton County, with nearby recovery resources.

Headrest independently manages this residence, with its housing experience shaped by sober transitional housing connected with Headrest's wider recovery support and service network. Headrest also offers community-based services rather than additional identified lebanon houses.

NHCORR

Certified by the New Hampshire Coalition of Recovery Residences (NHCORR)

Contact This Home

Operated by **Headrest**

headrest.org

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